COOK ISLANDS

Tour Information













RAROTONGA

Island Discovery Tour Monday to Friday ~ 9am - 1pm

Start your holiday with an orientated circle island tour. Be enlightened with a qualified tour guide sharing with you his knowledge of the local history & culture as you journey around the island. Includes transfers, tour & light refreshments. Perfect for first time visitors!

Captain Tama's Lagoon Cruise Sunday to Friday ~ 11am - 3pm

Undoubtedly one of the best ways to discover the lagoon! Cruise the inner lagoon of Rarotonga in a glass bottom boat to the marine reserve for some coral viewing and snorkelling, followed by a BBQ fish lunch on Koromiri Island on Muri Lagoon. Your tour guide will entertain you during lunch with a pareu (sarong) tying demonstration and some of the local traditions. Includes transfers. A must do!

The Cross Island Trek

Monday, Wednesday & Friday ~ 9.30am - 1pm

An exhilarating walk through tree covered jungle starting with a 400metre climb. Hold onto nature's well placed roots, keep to the inside of the track & enjoy breathtaking views from one side of the island to the other. Includes transfers, tour guide & light lunch. Due to the uneven nature of the trail, a good level of fitness is required.

Kitesup SUP Yoga Tour

from \$40pp

from \$71pp

from \$87pp

from \$87pp

Thursday & Sunday ~ 2:30pm - 4pm

Take your practice to the water with a paddle board as your mat. Along with the guidance of a certified instructor, practice a combination of sun salutations and seated poses that will take your normal yoga routine to a whole new level!

Aitutaki Day Tour from Rarotonga from \$518pp Monday to Saturday ~ 8am - 5:30pm

On arrival at Aitutaki you will be taken on a one hour island tour of the main island of Aitutaki by 'le truck'. Then it's on to the highlight of the day – The Vaka Cruise aboard the 21 metre vaka (catamaran) Titi-ai-Tonga. There is time for snorkelling and swimming before stopping for a tasty barbeque lunch, cooked right on board. The cruise stops at several motu (small islets) including One Foot Island. Includes return transfers in Rarotonga, and return flights to Aitutaki.

Overwater Night Show & Buffet Dinner from \$129pp Tuesday, Thursday & Saturday ~ 7.30pm—10pm

Be blown away by this amazing show while Rarotonga's finest dancers & musicians perform by flaming torchlight on floating & fixed stages as you enjoy the delicious Island/Western Fusion Buffet prepared by local & International Chefs. Includes transfers, show & dinner.

Progressive Dinner

from \$100pp

Monday & Thursday ~ 5pm - 10pm

Once in the villages, experience true Cook Islands cuisine, hospitality & the real spirit of culture & lifestyle when you visit the locals in their homes! This wine & dine experience takes visitors through 3 island style homes. Includes transfers & 3-course dinner.

Half Day Shared Fishing Charter from \$260pp Monday to Saturday ~ 8:30am or 1:30pm

Akura is the Cook Islands Maori name for Marlin and is no doubt a 'catchy' name. Onboard the mighty Akura Fishing boat, you are guaranteed that special 'catch of the day' whilst enjoying the beautiful pristine waters of the Pacific Ocean and admiring some of the most magical views of Rarotonga in the back drop. Includes light lunch & water. Duration 4-5 hours.

Storytellers Eco Cycle Tours Various options available Various days & times

Storytellers are passionate about where they live and what they do. They have just as much fun showing you around, as you will have on one of their tours. Offering a variety of small group tour options suitable for all ages and cycling abilities, as well as walking tours. This is a unique way to experience authentic Rarotonga! Transfers included.

Walk-About Tour with fresh fruit ice-cream (1.5 hours) from \$35pp
Afternoon Stroll about Town with drink at local bar (1.5 hours) from \$35pp
Take-A-Peek Bicycle Tour (2 hours) from \$40pp
Discover Tour with lunch (4 hours) from \$79pp
Explore Bicycle Tour with lunch (5 hours) from \$95pp

